



# Belsouth Football Club



**CAPITAL**  
FOOTBALL

## **STAGE 3 – RETURN TO PLAY**

### **ALL AGE GROUPS**

VERSION 1 – 9 JULY 2020

# Club Submission

This Stage 3 Return to Play plan is provided by **Belsouth Football Club**.

This plan outlines our operational delivery of matches in the following leagues

- ▶ **MiniRoos**
- ▶ **Junior League and**
- ▶ **Senior League**
- ▶ **National Premier Leagues (Women and Girls)**
- ▶ **National Premier Leagues (Men)**

This plan will commence on **18<sup>th</sup> July 2020**

The club contact responsible for this plan is;

**Rohan Smith**

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The Club acknowledges that this plan is in accordance with the Capital Football COVID-19 State 3 – Return to Play Guidelines, and is aware of the hygiene and safety aspects of return to matches.



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FOOTBALL**

# General Precautions

## Attendance

Participants (including players, parents, coaches, referees, volunteers) are not to return to matches if they:

- ▶ Feel unwell;
- ▶ Have any flu-like symptoms;
- ▶ Have travelled internationally or been exposed to a person with COVID-19 in the preceding 14 days; or
- ▶ Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions

## Hygiene

- ▶ Ensure spaces, surfaces and objects at each venue are regularly cleaned;
- ▶ Promote regular and thorough hand washing by club and team officials and participants;
- ▶ No sharing of drink bottles
- ▶ Ensure bins are provided around the venue

## Behaviour

- ▶ Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze;
- ▶ If using tissues, place them directly in the bins provided;
- ▶ No spitting at any time



# What is permitted during Match Play

The following is permitted at the venue and during match play;

- ▶ Full competitive and non-competitive matches are permitted within the normal Laws of the Game
- ▶ Where possible, players should come ready to play
- ▶ Play only – get in, play, get out
- ▶ Social activities when games have concluded are discouraged. Club meetings must be limited to essential gatherings and within the government's guidelines
- ▶ Spectator areas to meet gathering restrictions (In ACT no more than 100 per venue)
- ▶ Continue to encourage limitation of spectators (no more than 2 spectators per player)
- ▶ Promote physical distancing of 1.5 metres between spectators
- ▶ Canteens and BBQ's are permitted in line with relevant government requirements.



# What is NOT permitted during Match Play

The following is NOT permitted at the venue and during match play;

- ▶ Handshakes before and after the match
- ▶ Team huddles and high fives
- ▶ Multiplayer goal celebrations
- ▶ Spitting
- ▶ Sharing of equipment including drink bottles, towels, shin pads and bibs.



# Match Operations at Murraraji Street

## Entry and Exits



## Spectators (Red arrows)



# Match Operations at Walhallow Street

## Entry and Exits



## Spectators (Red arrows)



# Match Operations at Venue

## Canteens

- The canteen at the Murrarji Street Grounds will be open.
- The canteen will comply with the relevant Government Food Safety regulations and COVID-19 protocols
- The club will ensure that social distancing is managed at the canteen area

## Amenities

- The toilets at the Murrarji Street fields will be open.
- There are no change rooms.

